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September 20, 2021

Dear Members,

Re: Monthly Shop Steward Training Sessions

Thank you to everyone who joined our August Monthly Shop Steward Training session, and a big thank you to our Provincial President, Troy Clifford, for presenting. The session can now be found on our website under our shop steward resources: <http://www.apbc.ca/members-area/information/shop-steward-resources/>

Just a reminder that sessions are the last Tuesday of every month at 7:00pm.

Our next session will be September 28th and our guest speaker will be Robert Parkinson, APBC's Health and Wellness Director. Bob will be covering accommodations, WSBC claims and be giving a mental health update.

A little about Bob...

Bob started as a paramedic in 1996 in Northern BC, he came to the lower mainland in 2003 and worked in the GVRD until 2011 when he was promoted to Paramedic Chief in the Town of Port McNeill. He returned to Vancouver in 2014 taking on the role of Duty Supervisor and was elected to the position of Health and Wellness Director that same year. Working as our workers' advocate with WSBC claims, appeals, and advocating for legislative and regulatory changes. Part of his work is to sit on several committees dealing with Psychological Health, Wellness and Safety including WSBC's First Responders Mental Health Committee, the provincial Psychological Health and Safety committee working on implementing the CSA Z1003 Mental Health standard into all Health Authorities in BC, POSH, Rehabilitation Committee, BCEHS Mental Health Advisory Committee, CISM steering committee, and various other sub-committees. He has recently participated in the development on two new CSA standards, one around fatigue risk management in First Responder organizations and the other in disability management and return to work in Paramedic Service Organizations. And he has been working on various training and education curricula focusing on fatigue and psychological health and safety; as well as research work in this area. As a Board member of Honour House Society he has also found a passion with Honour Ranch and getting it up and running to support psychological health and wellness.

Please take note that October's training session will be cancelled as it coincides with our annual Convention.

Sincerely,

Jessica Chilton
Provincial Recording Secretary
Ambulance Paramedics of BC
CUPE Local 873